

RESENTMENTS

Do not be restricted by this list. It is just to help you get started. List your resentments on the next pages.

PEOPLE

Father
Mother
Boy Friends/Lovers
Brothers
Sisters
Sponsors
Employers
A.A. Friends
Acquaintances
Aunts
Best Friends
C.A. Friends
Childhood Friends
Clergy
Co-Workers
Cousins
Creditors
Doctors
Employees
Girl Friends
Husbands

In-Laws
Judges
Lawyers
Life-long Friends
Parole Officers
Police
Probation Officers
School Friends
Teachers
Uncles
Wives

Nationality
Philosophy
Races
Religion
Society

PRINCIPLES

Adultery
Death
God-Deity
Golden Rule
Heaven

INSTITUTIONS

Authority
Bible
Child Protection
Church
Correctional System
Education System
Government
Law
Marriage
Health/Mental Health System

Hell
Homophobia
Jesus Christ
Life After Death
Original Sin
Retribution
Satan
Seven Deadly Sins
Sin
Ten Commandments

MORE from your experience!